



KNIGHTS  
BAR

Lunch Menu



# Sharing Platters

## Castle Charcuterie & Anti Pasti

€23.95

*Selection of dry cured meat, pressed confit duck terrine, charred artichoke, sun blushed tomatoes, kalamata olives, pickle mushrooms, cornichon, confit garlic focaccia*

Contains allergens: 1a, 1c, 6, 7, 9, 10, 12, trace 8

## Flat Breads & Dips

€18.95

*Selection of grilled breads, smoked tomato salsa, saffron, cumin and pomegranate hummus, fennel and garlic dip.*

Contains allergens: 1a, 1b, 1c, 1d, 3, 8a, 8b, 8c, 10, 11, 12

**Vegan alternative available**

## Castle Chicken Wings

€19.95

*Spicy sriracha hot sauce, Cashel blue cheese dip, celery*

Contains allergens: 3, 4, 7, 9, 10, 12, trace 1a

*or*

*Bourbon barbecue wings, crisp fried onions*

Contains allergens: 1a, 4, 9, 10, 12

**Vegan alternative**

*Bourbon "plant it" plant based southern fried bites, crisp fried onions*

Contains allergens: 1a, 1c, 4, 6, 9, 12

# Starters

Freshly Prepared Finest Artisan Soup <i>Selection of home baked breads</i> Contains allergens: 1a, 1b, 1c, 1d, 9, 11, trace 6	€7.50
Castle Seafood Chowder <i>Selection of fresh &amp; smoked fish, in a classic fish velouté, fine herbs, Guinness &amp; treacle bread</i> Contains allergens: 1a, 1b, 1c, 1d, 2, 4, 7, 9, 12	€8.95
Castle Chicken Wings <i>Spicy sriracha hot sauce, Cashel blue cheese dip, celery</i> Contains allergens: 3, 4, 7, 9, 10, 12, trace 1a <i>or</i> <i>Bourbon barbecue wings, crisp fried onions</i> Contains allergens: 1a, 4, 9, 10, 12	€13.95
<b>Vegan Alternative</b> <i>Bourbon “plant it” plant based southern fried bites, crisp fried onions</i> Contains allergens: 1a, 1c, 4, 6, 9, 12	€13.95
Oak Smoked Salmon & Shrimp <i>Wrights of Marino oak smoked salmon, spiced marie rose shrimp, charred &amp; pickled cucumber, dilsk, Guinness &amp; treacle bread</i> Contains allergens: 1a, 2, 3, 4, 7, 10, 12	€14.95

# Salads

## Knight's Caesar Salad

€14.95

*Baby gem lettuce, crisp bacon, anchovies, rustic garlic & herb croutons, shaved aged parmesan, caesar emulsion*

Contains allergens: 1a, 1b, 1c, 1d, 3, 4, 7, 10, 12

## Black Quinoa & Edamame Salad

€14.95

*Black quinoa, heirloom tomatoes, spiced butternut squash, avocado, summer leaves, cashew nut & fennel seed dressing*

Contains allergens: 6, 8g, 9, 10, 12

## Toonsbridge Fior di latte Caprese

€15.50

*Seasoned beef tomatoes, Fior di latte mozzarella, thai basil, white balsamic reduction*

Contains allergens: 7, 12

### **Enhance your salad with the addition of:**

Smoked Paprika & Garlic Chicken

€4.95

Sauteed Prawns

€6.95

Contains allergens: 2, 7, 12

Grilled Goats Cheese

€4.95

Contains allergen: 7

# Sandwiches

Grilled Vegetable, Hazelnut & Rocket Pesto, Vegan Mozzarella €12.95  
*Grilled courgette, aubergine, roasted red pepper, beef tomato, rocket & hazelnut pesto in a spinach wrap*

Contains allergens: 1a, 1b, 1c, 1d, 8b, 8f, 12

Gahan's Honey Glazed Ham & Cheddar Cheese €12.95  
*With tomato and red onion on toasted sourdough special*

Contains allergens: 1a, 1b, 6, 7, 10, 11, 12, trace 8b

BLT €11.95  
*Smoked streaky bacon, beefsteak tomato, gem lettuce, mayonnaise on thick white slice*

Contains allergens: 1a, 3, 6, 7, 10, 12





# Main Courses

## MEATS

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|---|--------|
| <p>Gahan's 8oz Gourmet Beef Burger<br/><i>Potato brioche bun, Toonsbridge smoked scamorza cheese, rocket, tomato, red onion jam, French fries</i><br/>Contains allergens: 1a, 1b, 4, 7, 10, 11, 12</p>                | €20.95 |
| <p>Tandoori Spiced Buttermilk Chicken<br/><i>Charred flat bread, kashmiri chilli slaw, pickled onions, mint &amp; roasted mango mayonnaise</i><br/>Contains allergens: 1a, 3, 6, 7, 9, 10, 12, trace 4</p>            | €18.95 |
| <p>Charred 10oz Hereford Striploin Steak<br/><i>Grilled onion, portobello mushroom, roast tomato, pomme pont neuf, old school peppercorn sauce or red wine jus</i><br/>Contains allergens: 7, 9, 10, 12, trace 1a</p> | €35.95 |
| <p>Rigatoni with Chicken<br/><i>Roasted red pepper, cherry tomato &amp; basil cream, sauteed Mediterranean vegetables, pecorino cheese, pangritata</i><br/>Contains allergens: 1a, 1b, 1c, 7, 9, 10, 12, trace 6</p>  | €22.95 |

# Main Courses

## FISH

### Fresh Market Fish Of The Day

€20.95

*Lightly battered in craft beer, pea & dill puree, tartar sauce,  
grilled lemon, French fries*

Contains allergens: 1a, 3, 4, 7, 10, 12

### Rigatoni with Prawns

€23.95

*Roasted red pepper, cherry tomato & basil cream, sauteed  
Mediterranean vegetables, pecorino cheese, pangritata*

Contains allergens: 1a, 1b, 1c, 2, 7, 9, 10, 12, trace 6



# Main Courses

## VEGAN

### Rigatoni Pasta

€20.95

*Roasted red pepper, cherry tomato & basil vegan cream, sauteed  
Mediterranean vegetables, vegan parmesan, panritata*

Contains allergens: 1a, 1b, 1c, 9, 10, 12, trace 6

### Charred Vegan Burger

€21.95

*Charred "beyond meat" burger, rocket, beefsteak tomato,  
vegan halloumi, harissa ketchup, French fries*

Contains allergens: 1a, 6, 9, 10, 11, 12, trace 5





# Sides

French Fries Contains allergen: trace 1a	€4.00
Truffle Mayonnaise & Parmesan Cheese Dressed Fries Contains allergens: trace 1a, 3, 7, 10, 12	€5.50
Smoked Knockanore Mash Contains allergen: 7	€5.00
Rocket, Parmesan, Sundried Tomato, Black Olives & Aged Balsamic Salad Contains allergens: 7, 10, 12	€4.50
Sauteed Greens Contains allergens: 7, 12	€5.00



# Desserts

Salted Caramel Cheesecake <i>White chocolate ganache, bourbon crumb.</i> Contains allergens: 1a, 7	€7.50
Granny Smith Apple Tart <i>Apple &amp; frangipane tart, crème anglaise, vanilla ice cream</i> Contains allergens: 1a, 3, 7, 8a	€7.50
Eton Mess <i>Fresh strawberries, Chantilly cream, meringue, crepe, lavender &amp; strawberry syrup</i> Contains allergens: 1a, 3, 7, trace 6	€7.50
Miniature Irish Cheese Selection <i>Cheese biscuits &amp; grape chutney</i> Contains allergens: 1a, 1b, 1c, 1d, 3, 7, 8a, 8b, 8c, 8d, 8e, 10, 11, 12	€9.95
Co. Wicklow Artisan Dairy Ice Cream Contains allergens: 3, 7, trace 1a	€6.50





At Clontarf Castle Hotel our chefs strive to source only the finest ingredients from land & sea. Always trying to stay true to the value of locality & using Irish where possible. With this in mind we have partnered with Wright's of Marino for our fresh & smoked fish and Gahan Meat, a native of Clontarf, who sources all our beef from Irish farms.

List of food allergens as used in Clontarf Castle Hotel as they may appear:

1. Cereals containing gluten >20ppm and products thereof. a. Wheat (such as spelt, Khorasan.) b. Rye Barley. c. Oats. 2. Crustaceans and product thereof. 3. Eggs and products thereof. 4. Fish and products thereof. 5. Peanut and products thereof.
6. Soybeans and products thereof. 7. Milk (including Lactose) and products thereof.
8. Nuts and products thereof. a. Almond. b. Hazelnut. c. Walnut. d. Pistachio. e. Pecan. f. Pinenut. g. Cashew nut. 9. Celery and products thereof. 10. Mustard and products thereof. 11. Sesame seeds and products thereof. 12. Sulphur dioxide and sulphites at concentrations of or >10mg/kg/lt. 13. Lupin and products thereof.
14. Molluscs and products thereof.

